



Lake View Yacht Club

Sponsors the <u>9th</u> Annual

PA HERO WALK

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ONE Step

www.paherowalk.org

Please Join Us 8:00 AM

Saturday Sept 19, 2020

Same day Registration 7:00 am

Bikes depart 7:50 / Walkers 8:00 am

Registration

Name				
Address				
E-mail				
Phone				
Age Shirt size				
\$30.00 by Sept 12, 2020				
Please make checks out to:				
PA Heroes Walk				
Mail to: Donald Androsky				
697 Bull Run Road				
Wrightsville, PA 17368				
More Info: androsky@comcast.net				
·				
I am unable to participate this				
year, but enclosed is my donation of				
\$ to support our				
Pennsylvania Heroes				

9th Annual Heroes Walk and Bike

12 miles along the scenic

Susquehanna River Trail from

Columbia Riverfront Park to

Bainbridge Inn , Bainbridge PA



- Three comfort stations providing water and snacks along route.
- Walkers and bikers to provide own return transportation.
- Awards for top 3 individuals, top 3 teams, and top 3 cyclists
- Free T-Shirt & buffet. Early registration guarantees both.

All proceeds go to the PA Heroes Walk

	Sponsor Name	Address / or phone	Check	Cash
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				



POST RACE AWARDS CEREMONY

Door Prizes

Buffet and refreshments at 4:00 PM

BYOB

LakeView Yacht Club

(Directions provided to LVYC on day of Walk)